

# How to Talk with Adolescents About Substance Use

## A free training for professionals

Substance use among adolescents is prevalent and is associated with numerous health and behavioral consequences. The COVID-19 pandemic has impacted some of the risk factors associated with adolescent substance use.



Adults who work with teens are in a unique position to help, but often feel at a loss how to do so effectively and in a way that avoids judgment and builds rapport.



This presentation is designed for professionals and volunteers who work with adolescents, including:

- School counselors, medical clinicians, social workers, teachers, coaches, mentors.

Attendees will learn how to:

- Recognize signs of adolescent substance use
- Ask validated questions that quickly screen and assess substance use
- Facilitate an evidence-based conversation using a four-step model
- Help adolescents identify goals that reduce harm

Training sessions are 2 – 4 hours in length, and can be delivered in person or online.

**REQUEST A FREE TRAINING TODAY!**

Visit <https://forms.office.com/r/vQdt2xkiHu> or scan the QR code



Jim Winkle, MPH has trained hundreds of medical, behavioral, school, and community based professionals how to address substance use with adolescents. Jim has designed screening forms, clinic tools and training videos used by professionals around the country.

